



Sew Me Something

Digital Sewing Planner

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How to use this planner

I find planning out what I want to sew really helps me achieve my goals and get things done.

So we created this planner to help you to organise your thoughts about the projects you want to make.

There are sections on you and your shape, this is where it can really help to figure out what styles and shapes you like to wear and that suit your individual personality.

You can also record your own body measurements in one handy place so you can easily refer to them when you need to decide what size or alterations you need to make.

We have also included some handy tips and hints to help make your sewing easier and more effective. We've included a personal directory and swatch file so you can record when and where you bought a particular fabric.

When you plan out a project, there are the Planner pages with a figure croquis and spec sheet to record all the information and resources you need for that project. Just print off these pages as you need them.

Once you have a few projects together you may want to store them in a file or folder, we have provided you with a project index so you find them easily and refer back to them.



It's all about you...

What Shape are you?

RECTANGLE
APPLE

HOURGLASS
ATHLETIC

PEAR
ROUND

Describe your style in three words

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Favourite Necklines:

COWL
SCOOP
TURTLENECK
OFF SHOULDER

V-NECK
U-NECK
HALTER
STRAPLESS

COLLARED
SQUARE
SWEETHEART
BOAT NECK

Favourite Sleeves:

STRAPLESS
CAP
RAGLAN
BELL

GATHERED
FULL LENGTH
SHORT
ABOVE-ELBOW

SPAGHETTI STRAP
SLEEVELESS
THREE-QUARTER

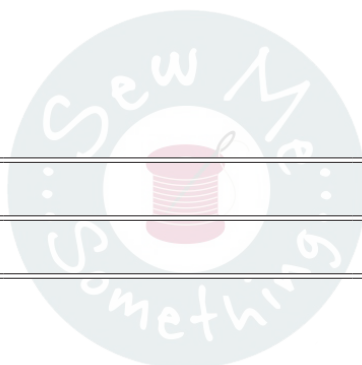
Favourite Fibres:

LINEN
RAYON
COTTON
SOY

MODAL
WOOL
HEMP
CASHMERE

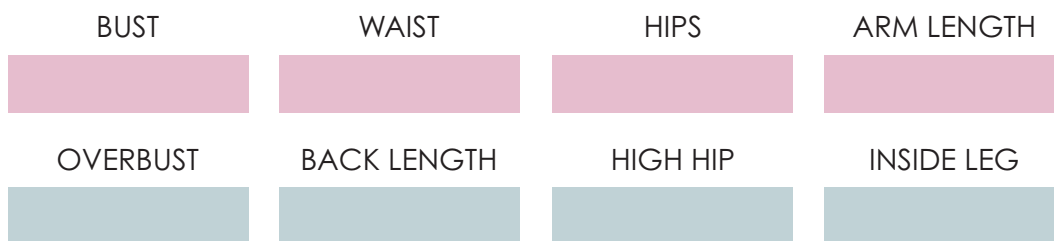
ACRYLIC
POLYESTER
SILK
BAMBOO

Favourite Brands:

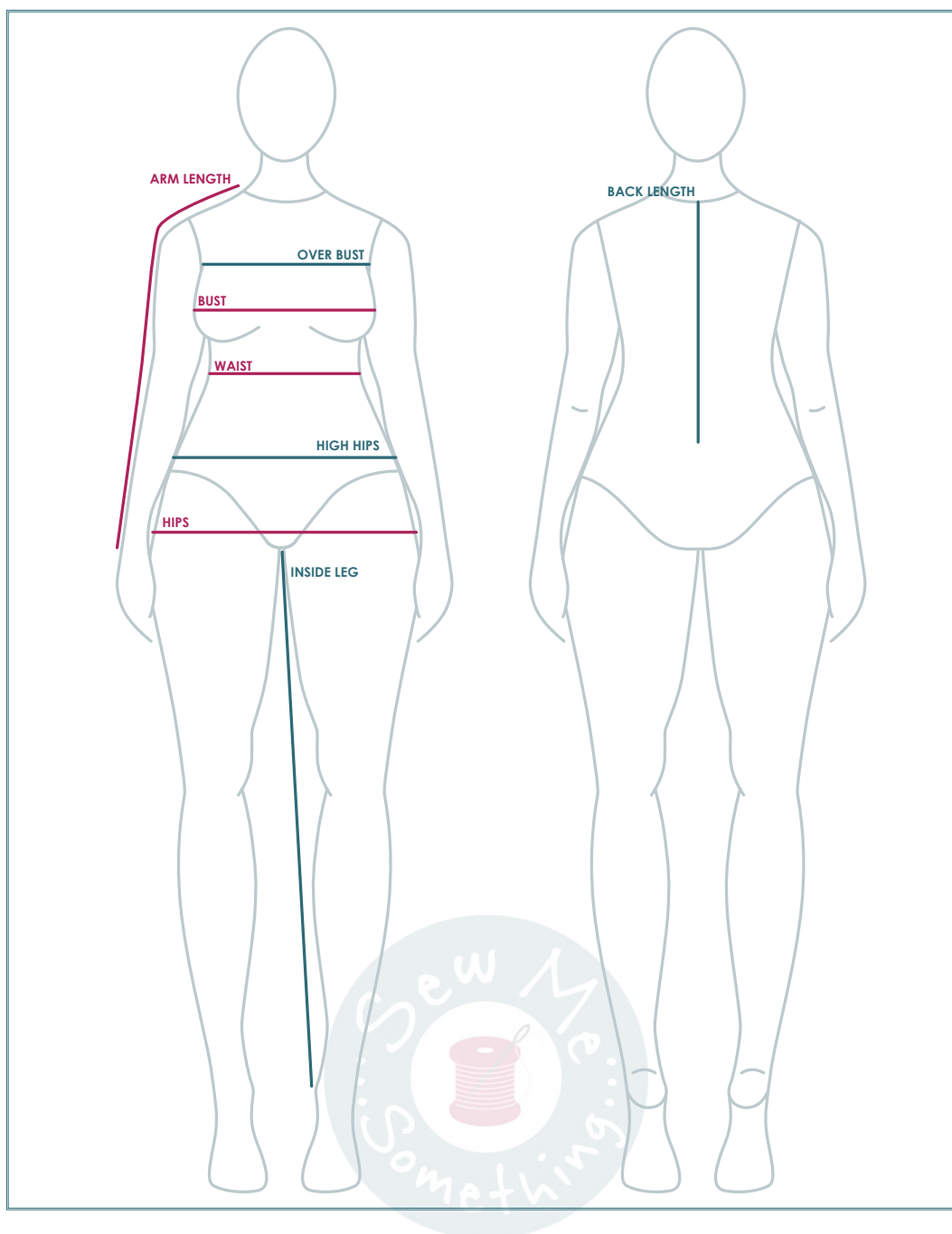


It's all about you...

Your measurements:



Where to Measure:



Handy hints and tips...

Things to consider when designing and sewing...

Always read the pattern through first. It will make more sense to you when you read it back as you are sewing the project together.

Carefully consider the pattern and fabric combination - choosing the right fabric to work with a pattern will give you much better results. Fabric suggestions will usually be in the pattern info.

Make sure you gather everything together before you start the project. So make sure you have all the bits of haberdashery you need, zips, thread, needles, interfacing etc.

Make a toile for a new pattern when you can. It may seem more work than is necessary but it can actually save you time in the long run to make a toile or mock up. you can then sort out any major fit alterations before cutting into your lovely fabric.

Choose the correct needle for the fabric you are working with. If you are using a lightweight fabric you will need a finer needle, conversely if working with a thicker heavier fabric the needle will need to be more robust to pass through the fabric. The lower the number the finer the needle. Most needles will be from a 70 - 90.

Trim the threads off as you go. this will save trying to un-hook them from other seams as you sew the garment together.

Press as you go. This will allow the seams to sit nice and flat in the correct positions as you assemble the garment and will give you a much better finish.

You can find lots more useful hints, tips and technical information on our Sewing Studio website.

Happy Sewing!



www.sewmesomethingcourses.co.uk

My Directory...

FAVOURITE PATTERNS:

Sew Me Something - www.sewmesomething.co.uk

FAVOURITE FABRICS:

Sew Me Something - www.sewmesomething.co.uk

FAVOURITE MAKERS:

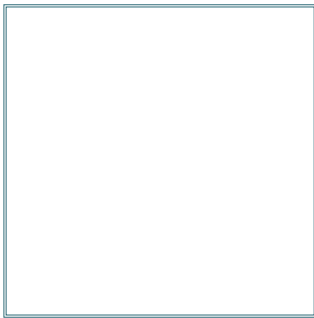
Jules Fallon @ The Sewing Studio

FAVOURITE BLOGS:

Sew Me Something - www.sewmesomethingblog.com



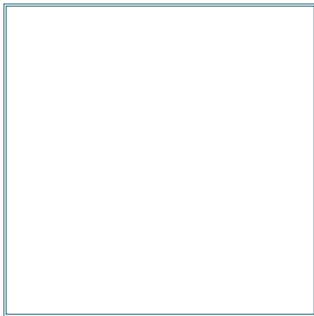
Fabric swatch File



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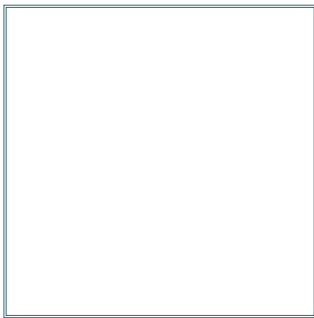
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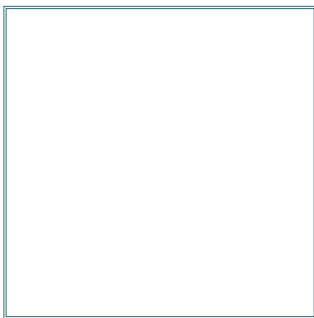
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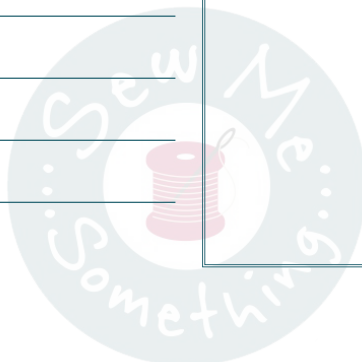
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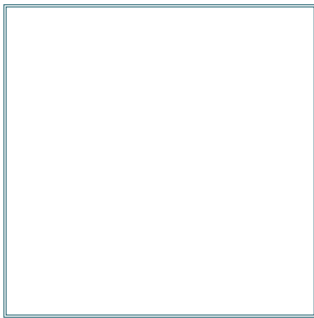
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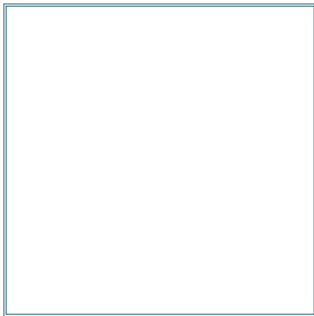
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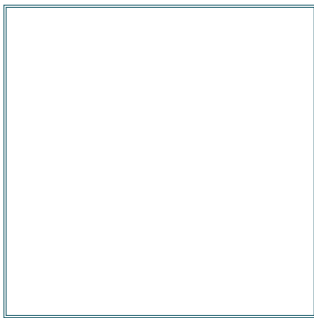
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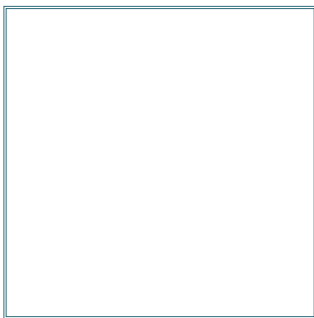
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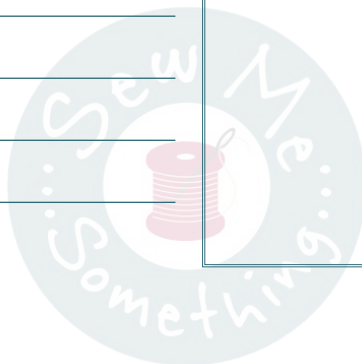
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Project Name:

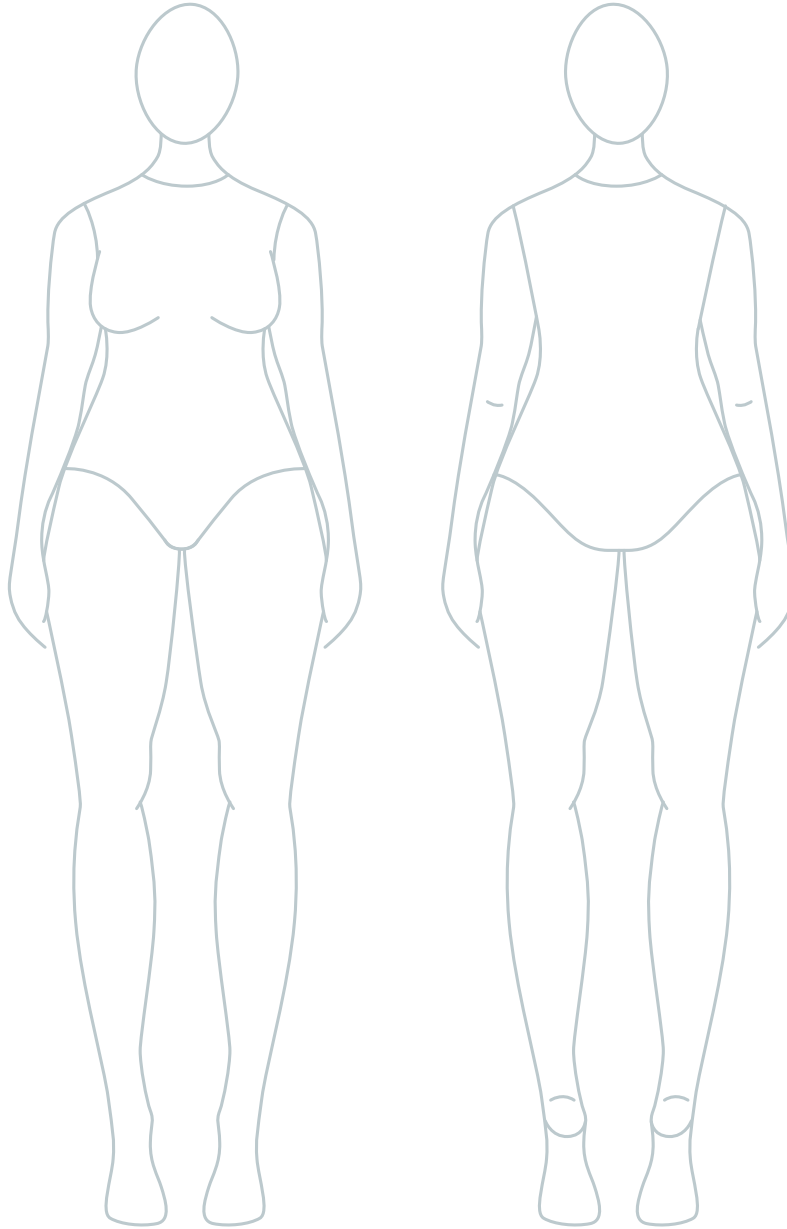
Description of Project:

Pattern Name:

Version:

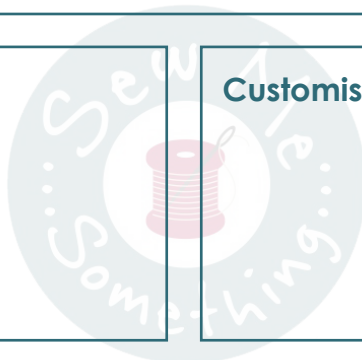
Size:

Sketch:



Notes + Adaptations:

Customisation Notes:



Fabrics:

Notions:

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Shopping List:

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Width:.....
 Quantity:.....
 Price:.....
 Source:.....

How did it go?

Next time I would...

