

# Sew Me Something - Design and Create a Capsule Wardrobe- Create a Tailored Garment to fit into your Capsule Wardrobe Project Brief

<b>Centre</b>	Sew Me Something	<b>Course</b>	Design and Create a Capsule Wardrobe
<b>Project</b>	Create a Tailored Garment to fit into your Capsule Wardrobe	<b>Level</b>	2
<b>Units included</b>		<b>Unit code</b>	<b>Credit value</b>
9 Tailoring: Tailored Garment Construction		JK1/2/NQ/009	6

For this project you will create a tailored garment as part of your Capsule Wardrobe.

From your capsule collection of garments you will have included one garment that needs to be tailored. This can be a commercial pattern if you choose as long as it complements the rest of the garments in your range.

You will need to include a selection of advanced sewing techniques within your garment. Your garment must contain:

- Pockets - one or more of the following - a welt pocket, jetted pocket, in-seam pocket or bluff pocket
- Openings and Closures - one or more of the following - buttons and buttonholes, Fly zip, decorative zip, placket.
- Hand sewing - hand sewn hem or other form of hand finishing

You may choose to include any of the following in your tailored garment:

- Collars
- Sleeves
- Waistband with belt loops
- Lining

You will need to select appropriate fabrics, linings and interlinings for your garment.

You will also need to be able to prepare your chosen fabrics appropriately and transfer all tailors markings and pattern information.

The garment will need to be baste fitted and any alterations made before continuing with the construction.

The garment will need to be well finished and pressed with a hand sewn hem.

You will need to identify any health and safety issues during the construction process.

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You will need to record the making process in your Sewing Journal and explain what went well and how the garment could be improved.

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## Unit Criteria

Unit Title	Assessment Criteria
9 Tailoring: Tailored Garment Construction	<ol style="list-style-type: none"> <li>1.1. Choose an appropriate commercial pattern.</li> <li>1.2. Select appropriate fabric, correct trims and lining as required.</li> <li>2.1. Use cutting instructions and technical information, and choose correct size.</li> <li>2.2. Make simple adjustments to the pattern as required.</li> <li>2.3. Cut out pattern pieces.</li> <li>2.4. Check all pattern pieces to include interfacing pattern.</li> <li>3.1. Steam press fabric and lay on the fold.</li> <li>3.2. Transfer pattern on to fabric with inlay and tailor's markings.</li> <li>3.3. Cut fabric with all markings.</li> <li>4.1. Baste garment for first fitting.</li> <li>4.2. Adjust baste garment for final fitting.</li> <li>4.3. Manufacture final garment, to include               <ul style="list-style-type: none"> <li>• An opening - zips or button</li> <li>• Pockets</li> <li>• Hand finishing technique - hook and bar, hand sewn ham, hand finished binding</li> </ul> </li> <li>5.1. Top and under press tailored garment.</li> <li>5.2. Hand sew hook and bar.</li> <li>5.3. Blind stitch hem using hand method.</li> <li>5.4. Final press garment for presentation.</li> <li>6.1. Describe what went well in garment construction.</li> <li>6.2. Explain how the construction of the tailored garment could be improved.</li> <li>7.1. Identify key health and safety issues likely to arise in the practice of tailored garment construction.</li> <li>7.2. Conduct all activity related to tailored garment construction in line with relevant health and safety procedures and regulations.</li> </ol>